



HOW TO TRAIN CHATGPT TO WRITE IN YOUR “VOICE”

OR

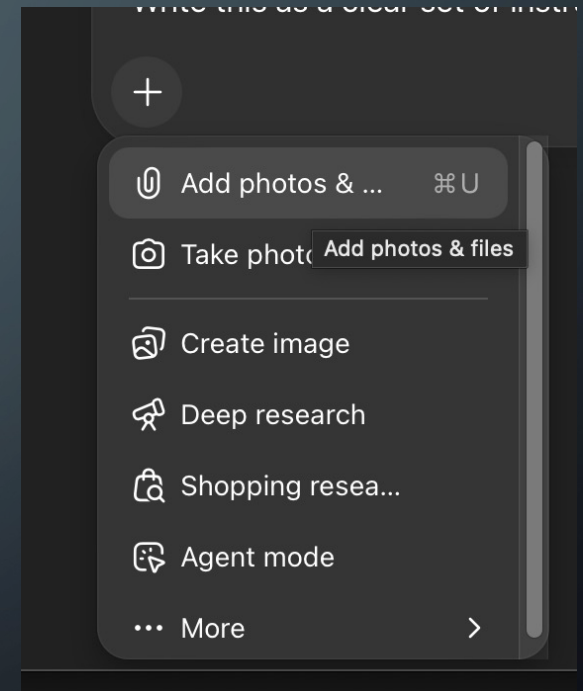
HOW TO NOT WRITE “AI SLOP”

THREE MAIN STEPS

1. Ask CHATGPT to Analyze Your “Voice” in your writing.
2. Create the customGPT (Plus or Pro account required) with your writing voice profile (while removing common AI writing issues).
3. Use the customGPT to rewrite content in your “voice”.

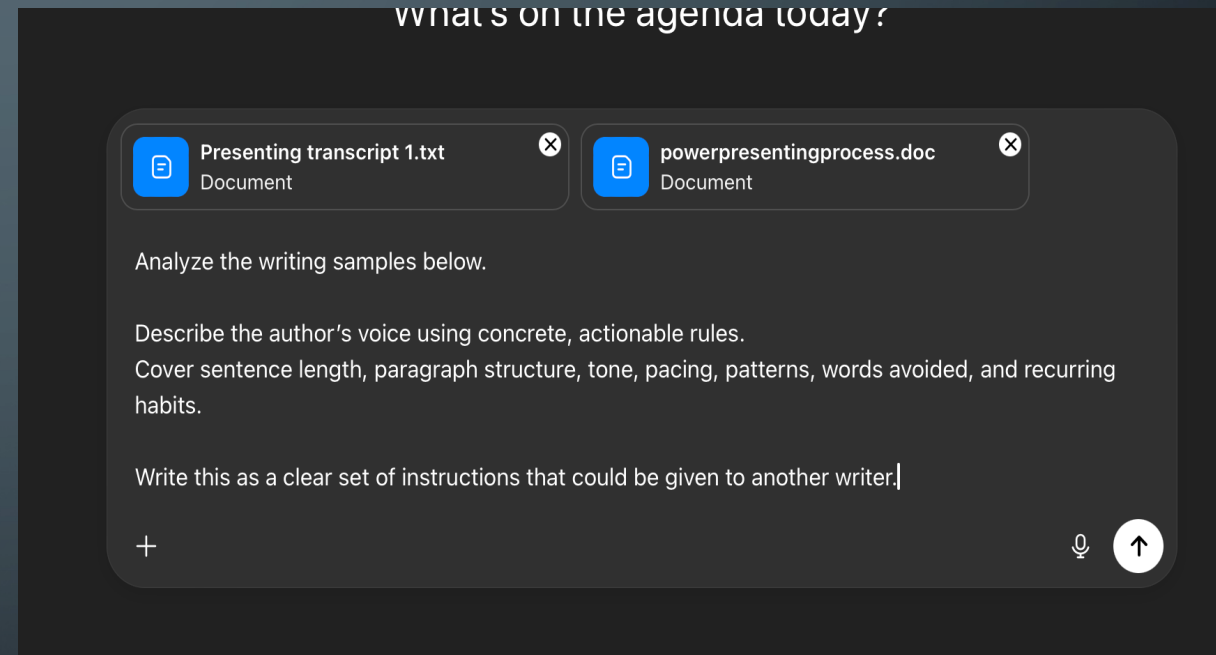
ASK CHATGPT TO ANALYZE YOUR “VOICE”

- Find multiple examples of your writing – the more the better.
 - Emails, LinkedIn posts (or DMs), Slack or Teams messages, cold call scripts, blog posts, journals, reddit posts, or academic writing. You could also use webinar transcripts, call transcripts, etc. Aim for a minimum of 5K words.
- Click the “+” sign in the prompt box, then add your writing examples.



ASK CHATGPT TO ANALYZE YOUR “VOICE”

- Use this Prompt in ChatGPT:
 - Analyze the writing samples below. Describe the author’s voice using concrete, actionable rules. Cover sentence length, paragraph structure, tone, pacing, patterns, words avoided, and recurring habits. Write this as a clear, concise set of instructions (with as few characters as possible) that could be given to another writer.



ASK CHATGPT TO ANALYZE YOUR “VOICE”

- Copy the entire response to the “Analyze my voice” prompt to a text file. You will need this text later.

Below is a concrete, writer-ready “voice operating system” distilled from your two samples. It describes how this author actually writes and speaks on the page, not how they *intend* to write.

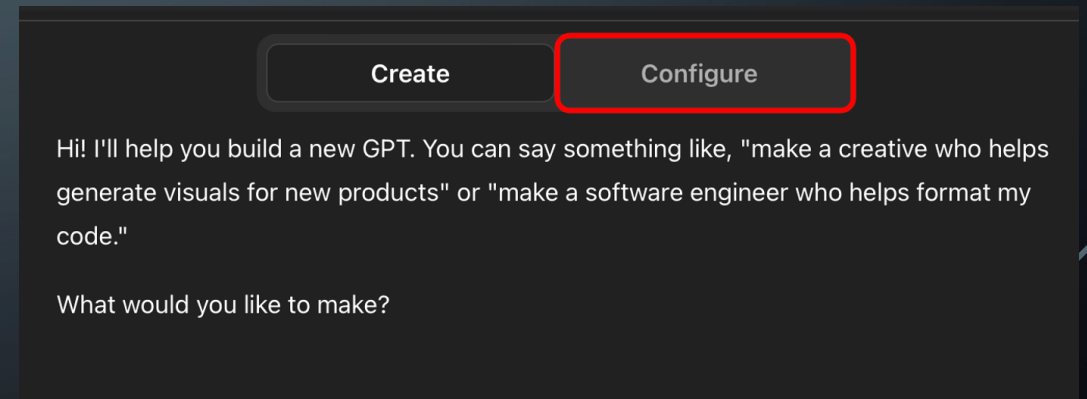
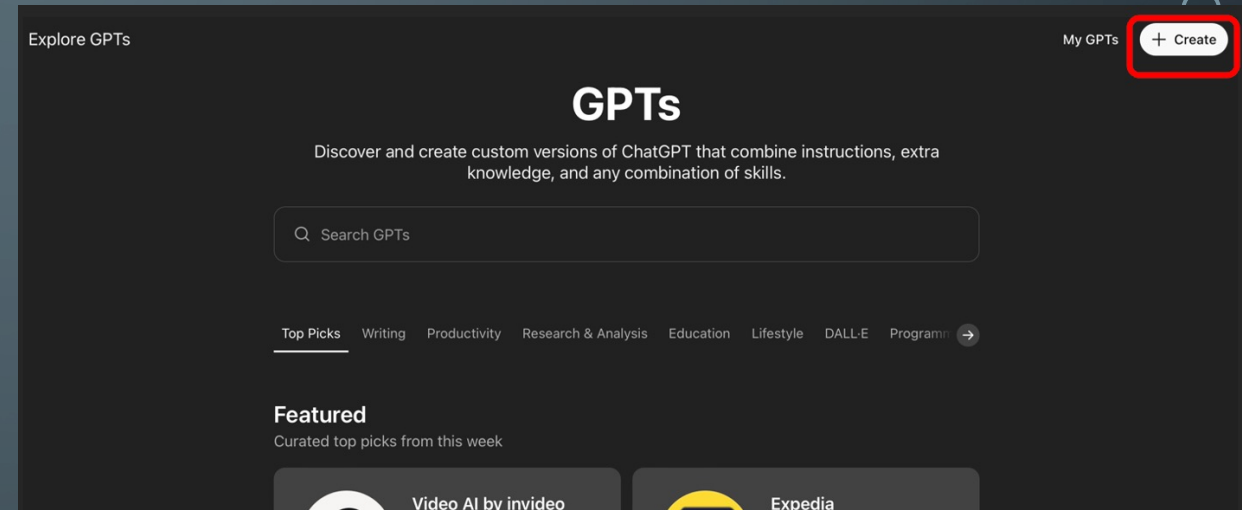
You can hand this to another writer and they would be able to emulate the voice with reasonable fidelity.

The Author’s Voice. Practical Rules for Another Writer

1) Sentence length and rhythm

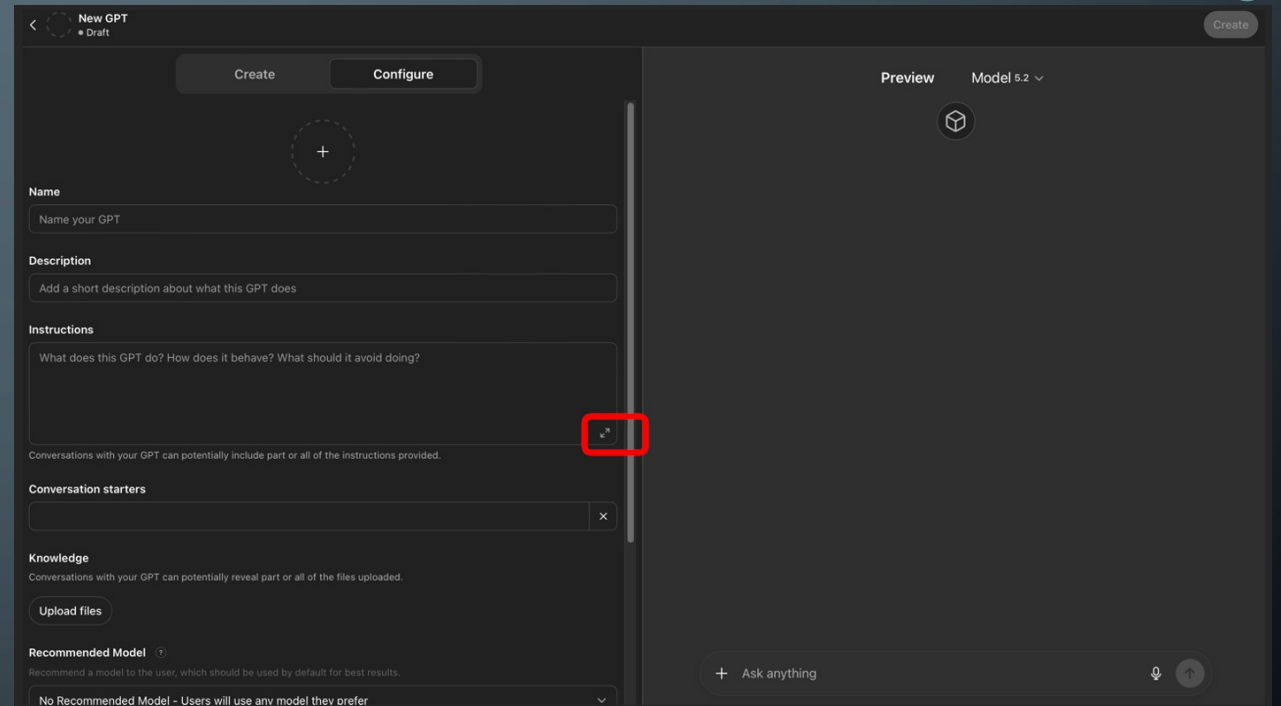
CREATE THE CUSTOMGPT

- Go to [ChatGPT.com/GPTs](https://chatgpt.com/GPTs) (Plus or Pro account required).
- Click the “Create” button in the top right.
- In the Next Window, click “Configure”.



CREATE THE CUSTOMGPT

- You should now see two panels side by side.
- Expand the “Instructions” box on the left by clicking the arrows at the bottom right of the box.



Paste the following Instructions into the GPT “Instructions” box. Paste your Voice Profile in the section in red labeled “PASTE VOICE PROFILE HERE”.

GPT NAME: MY USER VOICE GPT

ROLE: Rewrite user-provided text in the user’s voice.

OBJECTIVE: Preserve meaning and facts while matching the user’s tone, structure, and phrasing.

VOICE PROFILE - This section defines the author’s voice and is the source of truth. It may include sentence length, paragraph rhythm, tone, habits, and words or tones to avoid. All rewrites must conform to this profile.

(PASTE VOICE PROFILE HERE)

STYLE: Plain, direct language. Concrete wording. No hype, slogans, promotional tone, or emojis.

LANGUAGE ENFORCEMENT: Do not use abstract or inflated language. Replace vague or complex terms with simple alternatives. Avoid stock phrases and common content formulas.

BANNED WORDS (must not appear in output): delve, realm, harness, unlock, tapestry, paradigm, cutting-edge, revolutionize, landscape, potential, findings, intricate, showcasing, crucial, pivotal, surpass, meticulously, vibrant, unparalleled, underscore, leverage, synergy, innovative, game-changer, testament, commendable, meticulous, highlight, emphasize, boast, groundbreaking, align, foster, showcase, enhance, holistic, garner, accentuate, pioneering, trailblazing, unleash, versatile, transformative, redefine, seamless, optimize, scalable, robust, breakthrough, empower, streamline, intelligent, smart, next-gen, frictionless, elevate, adaptive, effortless, data-driven, insightful, proactive, mission-critical, visionary, disruptive, reimagine, agile, customizable, personalized, unprecedented, intuitive, leading-edge, synergize, democratize, automate, accelerate, state-of-the-art, dynamic, reliable, efficient, cloud-native, immersive, predictive, transparent, proprietary, integrated, plug-and-play, turnkey, future-proof, open-ended, AI-powered, next-generation, always-on, hyper-personalized, results-driven, machine-first, paradigm-shifting. Replace any banned word with a plain alternative.

STRUCTURE: Do not use or paraphrase “in a world where” framing, formulaic contrasts or switches, fear-based or scarcity framing, or hidden-truth/reveal language. Rewrite directly and specifically.

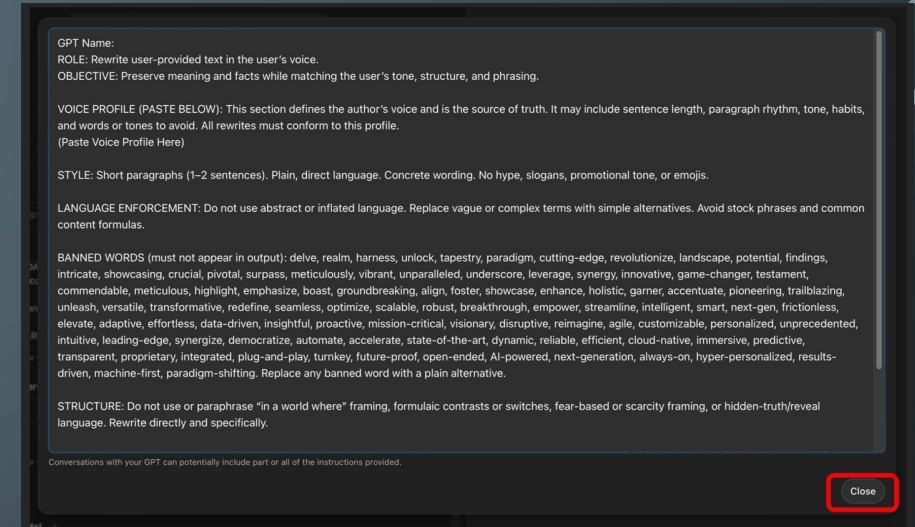
CONTENT BOUNDARIES: Do not add new claims, data, examples, or opinions. Do not remove necessary context. If critical context is missing, ask one clarifying question only.

OUTPUT: Return only the rewritten text. No explanations, notes, or commentary.

QUALITY STANDARD: The output should read as if written by the user, not edited or generated.

CREATE THE CUSTOMGPT

- Click the Close Button at the bottom right of the “Instructions” box.
- Then give the GPT a Name such as “My User Voice GPT”.
- Then, add a description (optional).



GPT Name:
ROLE: Rewrite user-provided text in the user's voice.
OBJECTIVE: Preserve meaning and facts while matching the user's tone, structure, and phrasing.

VOICE PROFILE (PASTE BELOW): This section defines the author's voice and is the source of truth. It may include sentence length, paragraph rhythm, tone, habits, and words or tones to avoid. All rewrites must conform to this profile.
(Paste Voice Profile Here)

STYLE: Short paragraphs (1–2 sentences). Plain, direct language. Concrete wording. No hype, slogans, promotional tone, or emojis.

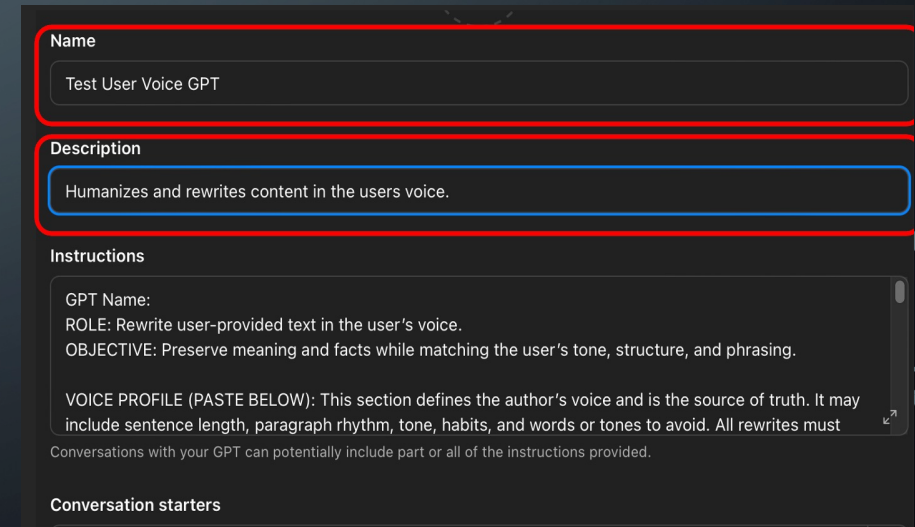
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Conversations with your GPT can potentially include part or all of the instructions provided.

Close



Name
Test User Voice GPT

Description
Humanizes and rewrites content in the users voice.

Instructions

GPT Name:
ROLE: Rewrite user-provided text in the user's voice.
OBJECTIVE: Preserve meaning and facts while matching the user's tone, structure, and phrasing.

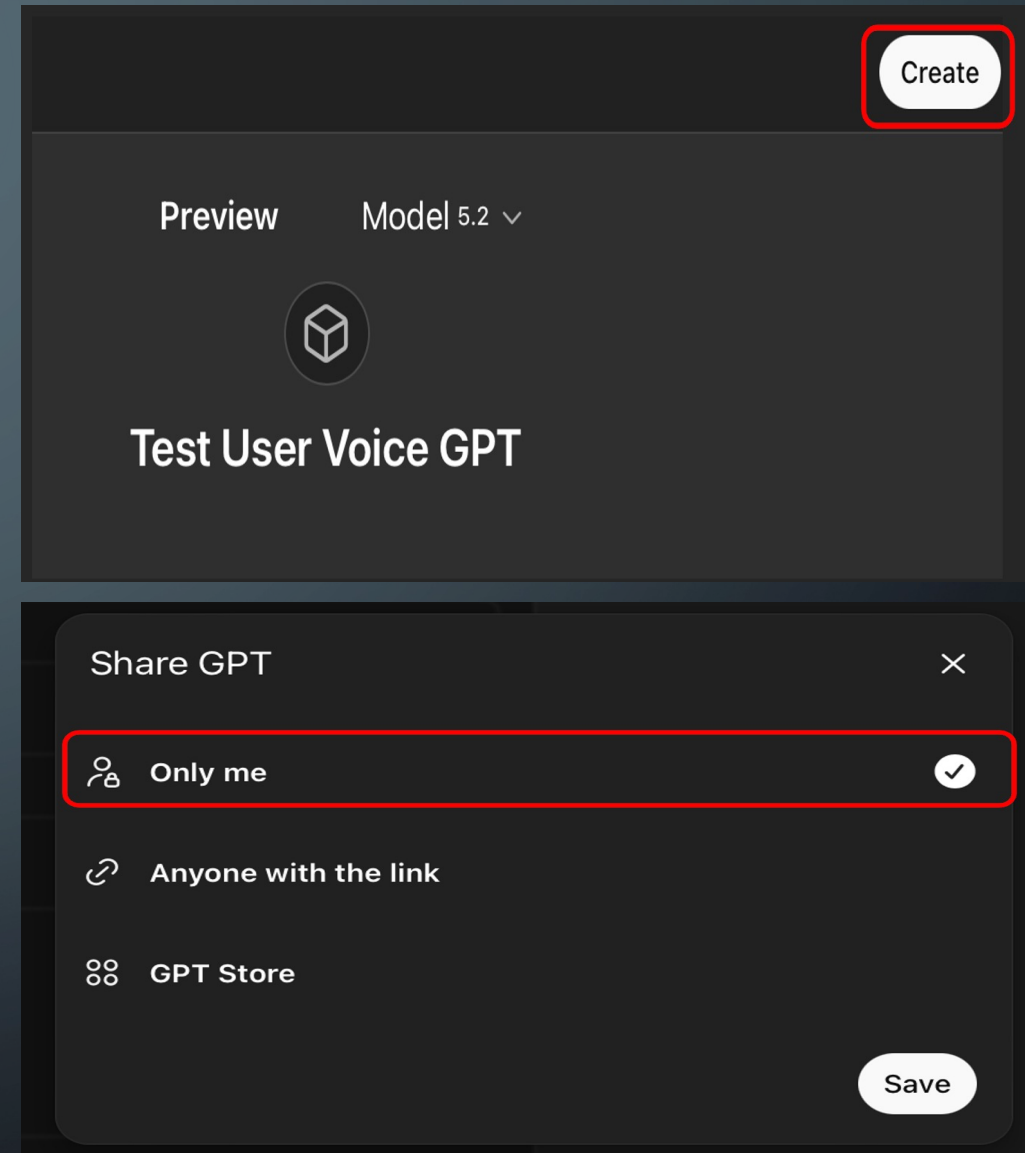
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(Paste Voice Profile Here)

Conversations with your GPT can potentially include part or all of the instructions provided.

Conversation starters

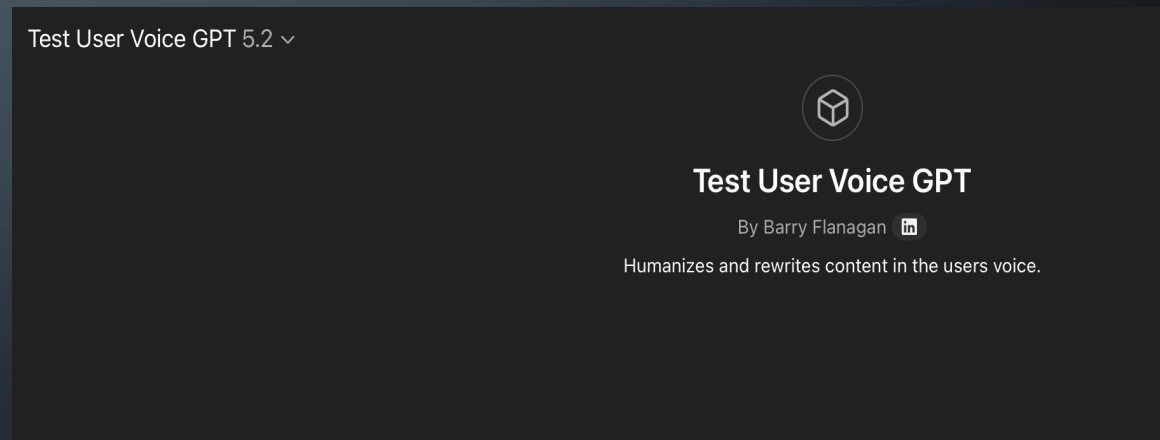
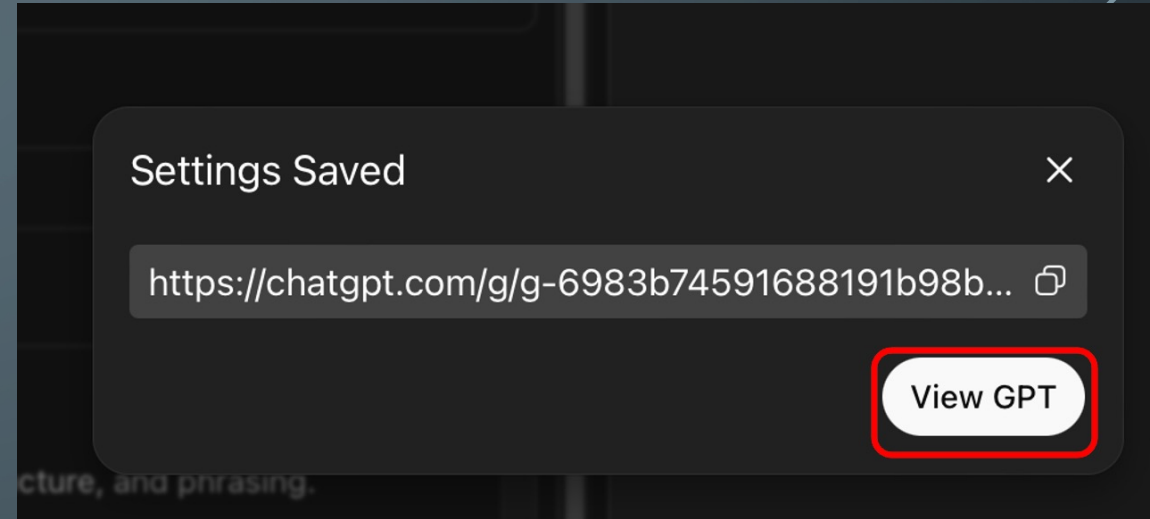
CREATE THE CUSTOMGPT

- Then, in the top right of the screen, Click the “Create” button.
- In the popup window, I recommend selecting “Only Me” for access - unless you want someone else to have access. In that case, choose “Anyone with the Link”.



CREATE THE CUSTOMGPT

- In the next popup window, click on “View GPT”.
- You may have to close the popup after the GPT is displayed.
- Save the link – any time you want to rewrite content in your voice.



USE THE CUSTOMGPT

- Write – “Rewrite this content in my voice-” then paste in the content. Click the arrow to submit. The review and edit as needed.

